




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10am Morning walk (Meet MLR)  2pm TV Series - "The Crown" (Season 1, Episode 4) (TVR)	10am Morning walk (Meet MLR) 10am Knit and crochet (TVR) 2pm TV Series - "The Crown" (Season 1, Episode 5) (TVR)	10am Morning walk (meet MLR)
10am Morning walk (Meet MLR)  7	10am Sit and get fit group 1 (TVR) 10am Morning walk (Meet MLR) 10:45 Craft: Button Tree (Max 5 people) (TVR) 2pm Movie and popcorn - "Sister Act" ( Max 5 people) (TVR)  8	10am Sit and get fit group 2 (TVR) 10am Morning walk (Meet MLR) 10:30am Tai chi group 1 (TVR) 2pm - 4pm Creative Art - Prep for Art exhibition (Max 5 people at a time) (TVR)  9	9am - 4pm Hair with Sam (book) (2S) 10am Morning walk (Meet MLR) 10:30am Documentary - (TVR)  10	7:30am - 12pm Foot care with Krystal (book) (2S) 10am Sit and get fit group 3 (TVR) 10am Morning walk (Meet MLR) 10:30am Tai chi group 2 (TVR) 2pm Movie and popcorn - "Sister Act 2" (Max 5 people) (TVR) 2-4pm (East) March Birthday Celebration treat delivered to you  11	10am Morning walk (Meet MLR) 10am Knit and crochet (TVR) 2pm TV Series - "The Crown" (Season 1, Episode 6) (TVR)  2-4pm (West) March Birthday Celebration treat delivered to you  12	10am Morning walk (Meet MLR) 2pm Afternoon movie - "Sister Act" " ( Max 5 people) (TVR)  13
10am Morning walk (Meet MLR) 2pm Afternoon movie - " Sister Act 2" ( Max 5 people) (TVR)  *Daylight savings starts, put clocks ahead one hour*   14	10am Sit and get fit group 1 (TVR) 10am Morning walk (Meet MLR) 10:45 Craft: Four-leaf clover felt topiary (Max 5 people) (TVR) 2pm Movie and popcorn - "A Dogs Way Home" ( Max 5 people) (TVR)  15	10am Sit and get fit group 2 (TVR) 10am Morning walk (Meet MLR) 10:30am Tai chi group 1 (TVR) 2pm-4pm Wii Bowling (sign up) (TVR)  16	9am - 4pm Hair with Sam (book) (2S) 10am Morning walk (Meet MLR) 10:30am Documentary - (TVR)   *St Patrick's Day*  17	10am Sit and get fit group 3 (TVR) 10am Morning walk (Meet MLR) 10:30am Tai chi group 2 (TVR) 2pm Movie and popcorn - "The Greatest Showman" (Max 5 people) (TVR)  2-4pm (East) Happy hour delivered to you  18	10am Morning walk (Meet MLR) 10am Knit and crochet (TVR) 2pm TV Series - "The Crown" (Season 1, Episode 7) (TVR)  2-4pm (West) Happy hour delivered to you  19	10am Morning walk (Meet MLR) 2pm Afternoon movie - " A Dogs Way Home" " ( Max 5 people) (TVR)  March Equinox  20
10am Morning walk (Meet MLR) 2pm Afternoon movie - " The Greatest Showman" " ( Max 5 people) (TVR)  21	10am Sit and get fit group 1 (TVR) 10am Morning walk (Meet MLR) 10:45 Craft: Spring door hanger (Max 5 people) (TVR) 1pm Movie and popcorn - "The Sound of Music" ( Max 5 people) (TVR)  22	10am Sit and get fit group 2 (TVR) 10am Morning walk (Meet MLR) 10:30am Tai chi group 1 (TVR) 2pm - 4pm Creative Art - Prep for Art exhibition (Max 5 people at a time) (TVR)  23	9am - 4pm Hair with Sam (book) (2S) 10am Morning walk (Meet MLR) 10:30am Documentary - (TVR)  24	7:30am - 12pm Foot care with Krystal (book) (2S) 10am Sit and get fit group 3 (TVR) 10am Morning walk (Meet MLR) 10:30am Tai chi group 2 (TVR) 2pm Movie and popcorn - "Soul Surfer" (Max 5 people) (TVR) 2-4pm (East) Ice-cream treat delivered to you  25	10am Morning walk (Meet MLR) 10am Knit and crochet (TVR) 2pm TV Series - "The Crown" (Season 1, Episode 8) (TVR)  2-4pm (West) Ice-cream treat delivered to you  26	10am Morning walk (Meet MLR) 1pm Afternoon movie - "The Sound of Music" " ( Max 5 people) (TVR)  27
10am Morning walk (Meet MLR) 2pm Afternoon movie - " Soul Surfer" ( Max 5 people) (TVR)  Palm Sunday  28	10am Sit and get fit group 1 (TVR) 10am Morning walk (Meet MLR) 10:45 Craft: Sock Bunny (Max 5 people) Sign up (TVR) 2pm Movie and popcorn - "Benji" ( Max 5 people) (TVR)  29	10am Sit and get fit group 2 (TVR) 10am Morning walk (Meet MLR) 10:30am Tai chi group 1 (TVR) 2pm-4pm Wii Bowling (sign up) (TVR)  30	9am - 4pm Hair with Sam (book) (2S) 10am Morning walk (Meet MLR) 10:30am Documentary - (TVR)  31	 <div style="border: 1px solid black; padding: 10px; display: inline-block; margin: 0 10px;"> <i>March</i>  2021 </div> <div style="border: 1px solid black; padding: 5px; display: inline-block;"> Silver Springs Activity Calendar </div>		

MLR = Main Living Room TVR = TV Room Please book all haircare and foot care with Sam 250-545-3351 ext 123