

March 2023

Silver Springs



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Hair Salon Indoor Walking Club 8:00 Resident visits 9:00 Fire Bell Test 9:00 The Fossil Guy 9:45 Morning Walk - Outdoor 10:00 Tai Chi with Jack 2:00 Ice Cream Social 6:00 Bingo	Indoor Walking Club 8:00 Resident visits 8:00 Footcare 9:45 Morning Walk - Outdoor 10:30 Sit and Be Fit 2:00 Umbrella Art 6:00 Card Games	Indoor Walking Club 8:00 Resident visits 9:00 Knit and Crochet 9:45 Morning Walk - Outdoor 10:30 Sit and Be Fit 2:00 Afternoon Walk with Sherry 6:00 Card Games	Indoor Walking Club 9:45 Morning Walk - Outdoor 2:00 Songbirds 6:00 Chess/Checkers
Indoor Walking Club 9:00 Knit and Crochet 1:30 Church Service 2:30 Colouring and Puzzle Group 6:00 Bingo	Indoor Walking Club 8:00 Resident visits 9:45 Morning Walk - Outdoor 10:00 Morning Meditation 10:30 Chair Yoga 2:00 Crib Tournament 6:00 Card Games	Indoor Walking Club 8:00 Resident visits 9:45 Morning Walk - Outdoor 10:30 Sit and Be Fit 2:00 Blood Pressure Clinic 2:00 Music - Burt Jensen 6:00 Card Games	Hair Salon Indoor Walking Club 8:00 Resident visits 9:45 Morning Walk - Outdoor 10:00 Tai Chi with Jack 2:00 Ice Cream Social 6:00 Bingo	Indoor Walking Club 8:00 Resident visits 8:00 Footcare 9:45 Morning Walk - Outdoor 10:30 Sit and Be Fit 2:00 Music - Darryl Sirr 6:00 Card Games	Indoor Walking Club 8:00 Resident visits 9:00 Knit and Crochet 9:45 Morning Walk - Outdoor 10:30 Sit and Be Fit 2:00 Build an Ice Cream Sundae 6:00 Card Games	Indoor Walking Club 9:45 Morning Walk - Outdoor 2:00 Songbirds 6:00 Chess/Checkers
Indoor Walking Club Daylight Savings - Spring Forward 9:00 Knit and Crochet 1:30 Church Service 2:30 Colouring and Puzzle Group 6:00 Bingo	Indoor Walking Club 8:00 Resident visits 9:45 Morning Walk - Outdoor 10:00 Morning Meditation 10:30 Chair Yoga 2:00 Shamrock Float Social 6:00 Card Games	Indoor Walking Club 8:00 Resident visits 9:45 Morning Walk - Outdoor 10:30 Sit and Be Fit 2:00 Music - Abe and Marie 6:00 Card Games	Hair Salon Indoor Walking Club Ides of March 8:00 Resident visits 9:45 Morning Walk - Outdoor 10:00 Tai Chi with Jack 2:00 Ice Cream Social 6:00 Bingo 7:00 Music -Noris Dickson	Indoor Walking Club 8:00 Resident visits 8:00 Footcare 9:45 Morning Walk - Outdoor 10:30 Sit and Be Fit 2:00 Happy Hour 6:00 Card Games	Indoor Walking Club St. Patrick's Day 8:00 Resident visits 9:00 Knit and Crochet 9:45 Morning Walk - Outdoor 10:30 Sit and Be Fit 1:30 Music - Vince and Hailey 6:00 Card Games	Indoor Walking Club 9:45 Morning Walk - Outdoor 2:00 Songbirds 6:00 Chess/Checkers
Indoor Walking Club 9:00 Knit and Crochet 1:30 Church Service 2:30 Colouring and Puzzle Group 6:00 Bingo	Indoor Walking Club 8:00 Resident visits 9:45 Morning Walk - Outdoor 10:00 Morning Meditation 10:30 Chair Yoga 2:00 Birthdays with Vic and Carol 6:00 Card Games	Indoor Walking Club 8:00 Resident visits 9:45 Morning Walk - Outdoor 10:30 Sit and Be Fit 2:00 Garden Club 6:00 Card Games	Hair Salon Indoor Walking Club 8:00 Resident visits 9:45 Morning Walk - Outdoor 10:00 Tai Chi with Jack 2:00 Ice Cream Social 6:00 Bingo	Indoor Walking Club 8:00 Resident visits 8:00 Footcare 9:45 Morning Walk - Outdoor 10:30 Sit and Be Fit 2:00 Poker Walk 6:00 Card Games	Indoor Walking Club 8:00 Resident visits 9:00 Knit and Crochet 9:45 Morning Walk - Outdoor 10:30 Sit and Be Fit 2:00 Music - Rennie Siriani 6:00 Card Games	Indoor Walking Club 9:45 Morning Walk - Outdoor 2:00 Songbirds 6:00 Chess/Checkers
Indoor Walking Club 9:00 Knit and Crochet 1:30 Church Service 2:30 Colouring and Puzzle Group 6:00 Bingo	Indoor Walking Club 8:00 Resident visits 9:45 Morning Walk - Outdoor 10:00 Morning Meditation 2:00 New Resident Meet and Greet Social 6:00 Card Games	Indoor Walking Club 8:00 Resident visits 9:45 Morning Walk - Outdoor 10:30 Sit and Be Fit 2:00 Music - Marv Manchura 6:00 Card Games	Hair Salon Indoor Walking Club 8:00 Resident visits 9:45 Morning Walk - Outdoor 10:00 Tai Chi with Jack 2:00 Ice Cream Social 6:00 Bingo	Indoor Walking Club 8:00 Resident visits 8:00 Footcare 9:45 Morning Walk - Outdoor 10:30 Sit and Be Fit 2:00 Resident Meeting 6:00 Card Games	Indoor Walking Club Tax Forms Due 8:00 Resident visits 9:00 Knit and Crochet 9:45 Morning Walk - Outdoor 10:30 Sit and Be Fit 2:00 Music Penny and William 6:00 Card Games	