

October 2024

Silver Springs



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Locations Legend</u></p> <p>Games Room (GR) Country Kitchen (CK) Various (Var) Main Living Room (MLR) 2nd Floor Salon (S2) East Courtyard (ECY)</p>		<p>9:45 Morning Walk - Outdoor (Var) 1</p> <p>10:30 Sit and Be Fit (GR)</p> <p>2:00 Crafters Club (GR)</p> <p>6:00 Card Games (GR)</p>	<p><i>Hair Salon (S2)</i> 2</p> <p>9:00 Fire Bell Test</p> <p>9:45 Morning Walk - Outdoor (Var)</p> <p>10:00 Tai Chi with Jack (GR)</p> <p>2:00 Ice Cream Social (CK)</p> <p>5:45 Bingo (Pay) (CK)</p>	<p>9:45 Morning Walk - Outdoor (Var) 3</p> <p>10:30 Chair Zumba with Gia (GR)</p> <p>2:00 Pumpkin Painting (CK)</p> <p>6:00 Card Games (GR)</p>	<p><i>Footcare (S2)</i> 4</p> <p>9:45 Morning Walk - Outdoor (Var)</p> <p>10:30 Coffee and Conversation (MLR)</p> <p>2:00 Movie in the MLR (MLR)</p> <p>6:00 Card Games (GR)</p> <p>6:00 Russian Choir (MLR)</p>	<p>9:45 Morning Walk - Outdoor (Var) 5</p> <p>2:00 Afternoon Crib (GR)</p> <p>2:30 Pool (CK)</p> <p>6:00 Chess/Checkers (GR)</p>
<p>9:00 Knit and Crochet (MLR) 6</p> <p>1:30 Church Service (CK)</p> <p>2:30 Colouring and Puzzle Group (CK)</p> <p>5:45 Bingo (Prizes) (CK)</p>	<p>9:45 Morning Walk - Outdoor (Var) 7</p> <p>10:30 Sit and Be Fit (CK)</p> <p>2:00 Drama Club (GR)</p> <p>6:00 Card Games (GR)</p>	<p>9:45 Morning Walk - Outdoor (Var) 8</p> <p>10:30 Sit and Be Fit (GR)</p> <p>2:00 Poetry Café (GR)</p> <p>6:00 Card Games (GR)</p>	<p><i>Hair Salon (S2)</i> 9</p> <p>9:45 Morning Walk - Outdoor (Var)</p> <p>10:00 Tai Chi with Jack (GR)</p> <p>2:00 Ice Cream Social (CK)</p> <p>5:45 Bingo (Pay) (CK)</p> <p>7:00 Mennonite Choir (MLR)</p>	<p>9:45 Morning Walk - Outdoor (Var) 10</p> <p>10:30 Chair Zumba with Gia (GR)</p> <p>2:00 Iced Pumpkin Spice Latte Social (CK)</p> <p>6:00 Card Games (GR)</p>	<p><i>Footcare (S2)</i> 11</p> <p>9:45 Morning Walk - Outdoor (Var)</p> <p>10:30 Coffee and Conversation (MLR)</p> <p>2:00 Music Daryl Sirr (MLR)</p> <p>6:00 Card Games (GR)</p>	<p>9:45 Morning Walk - Outdoor (Var) 12</p> <p>2:00 Afternoon Crib (GR)</p> <p>2:30 Pool (CK)</p> <p>6:00 Chess/Checkers (GR)</p>
<p>9:00 Knit and Crochet (MLR) 13</p> <p>1:30 Church Service (CK)</p> <p>2:30 Colouring and Puzzle Group (CK)</p> <p>5:45 Bingo (Prizes) (CK)</p>	<p><i>Thanksgiving Day</i> 14</p> <p>9:45 Morning Walk - Outdoor (Var)</p> <p>6:00 Card Games (GR)</p>	<p>9:45 Morning Walk - Outdoor (Var) 15</p> <p>10:30 Sit and Be Fit (GR)</p> <p>2:00 Happy Hour (MLR)</p> <p>6:00 Card Games (GR)</p>	<p><i>Hair Salon (S2)</i> 16</p> <p>9:45 Morning Walk - Outdoor (Var)</p> <p>10:00 Tai Chi with Jack (GR)</p> <p>2:00 Ice Cream Social (CK)</p> <p>5:45 Bingo (Pay) (CK)</p> <p>7:00 Music -Noris Dickson (MLR)</p>	<p>9:45 Morning Walk - Outdoor (Var) 17</p> <p>10:30 Chair Zumba with Gia (GR)</p> <p>10:30 Free Store (CK)</p> <p>2:00 Music Alterra (Vince) (MLR)</p> <p>6:00 Card Games (GR)</p>	<p><i>Footcare (S2)</i> 18</p> <p>9:45 Morning Walk - Outdoor (Var)</p> <p>10:30 Coffee and Conversation (MLR)</p> <p>2:00 Music - Out in Left Field (MLR)</p> <p>6:00 Card Games (GR)</p>	<p><i>Provincial Election</i> 19</p> <p>9:45 Morning Walk - Outdoor (Var)</p> <p>2:00 Afternoon Crib (GR)</p> <p>2:30 Pool (CK)</p> <p>6:00 Chess/Checkers (GR)</p>
<p>9:00 Knit and Crochet (MLR) 20</p> <p>1:30 Church Service (CK)</p> <p>2:30 Colouring and Puzzle Group (CK)</p> <p>5:45 Bingo (Prizes) (CK)</p>	<p>9:45 Morning Walk - Outdoor (Var) 21</p> <p>10:30 Sit and Be Fit (CK)</p> <p>2:00 Birthdays with Vic and Carol (MLR)</p> <p>6:00 Card Games (GR)</p>	<p>9:45 Morning Walk - Outdoor (Var) 22</p> <p>10:30 Sit and Be Fit (GR)</p> <p>2:00 Pumpkin Bowling (ECY)</p> <p>6:00 Card Games (GR)</p>	<p><i>Hair Salon (S2)</i> 23</p> <p>9:45 Morning Walk - Outdoor (Var)</p> <p>10:00 Tai Chi with Jack (GR)</p> <p>2:00 Ice Cream Social (CK)</p> <p>5:45 Bingo (Pay) (CK)</p>	<p>9:45 Morning Walk - Outdoor (Var) 24</p> <p>10:30 Chair Zumba with Gia (GR)</p> <p>2:00 Music - Sally Evans (MLR)</p> <p>6:00 Card Games (GR)</p>	<p><i>Footcare (S2)</i> 25</p> <p>9:45 Morning Walk - Outdoor (Var)</p> <p>10:30 Coffee and Conversation (MLR)</p> <p>2:00 Music - Marv Manchura (MLR)</p> <p>6:00 Card Games (GR)</p>	<p>9:45 Morning Walk - Outdoor (Var) 26</p> <p>2:00 Afternoon Crib (GR)</p> <p>2:30 Pool (CK)</p> <p>6:00 Chess/Checkers (GR)</p>
<p>9:00 Knit and Crochet (MLR) 27</p> <p>1:30 Church Service (CK)</p> <p>2:30 Colouring and Puzzle Group (CK)</p> <p>5:45 Bingo (Prizes) (CK)</p>	<p>9:45 Morning Walk - Outdoor (Var) 28</p> <p>10:30 Sit and Be Fit (CK)</p> <p>2:00 Drama Club (GR)</p> <p>6:00 Card Games (GR)</p>	<p>9:45 Morning Walk - Outdoor (Var) 29</p> <p>10:30 Sit and Be Fit (GR)</p> <p>2:00 Music Doug Robb (MLR)</p> <p>6:00 Card Games (GR)</p>	<p><i>Hair Salon (S2)</i> 30</p> <p>9:45 Morning Walk - Outdoor (Var)</p> <p>10:00 Tai Chi with Jack (GR)</p> <p>2:00 Ice Cream Social (CK)</p> <p>5:45 Bingo (Pay) (CK)</p>	<p>9:45 Morning Walk - Outdoor (Var) 31</p> <p>10:30 Chair Zumba with Gia (GR)</p> <p>2:00 Resident Meeting and Halloween Social (MLR)</p> <p>6:00 Card Games (GR)</p>	<p><u>Dimensions Of Wellness Legend</u></p> <p>Social Intellectual Physical Emotional Spiritual</p>	