

July 2025

Silver Springs



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Locations Legend</u> Main Living Room (MLR) Country Kitchen (CK) Games Room (GR) Various (Var) 2nd Floor Salon (S2) East Courtyard (ECY)	Q: What can you catch, but never throw?	<i>Sherry Offsite</i> 1 9:00 Coffee and Conversation (MLR) 10:00 Morning Walk - Outdoor (Var) 10:00 Chair Yoga with Jada (CK) 6:00 Card Games (GR)	<i>Hair Salon (S2)</i> 2 <i>Sherry Offsite</i> 9:00 Fire Bell Test 9:00 Coffee and Conversation (MLR) 10:00 Morning Walk - Outdoor (Var) 2:00 Ice Cream Social (CK) 5:45 Bingo (Pay) (CK)	<i>Sherry Offsite</i> 3 9:00 Coffee and Conversation (MLR) 10:00 Morning Walk - Outdoor (Var) 10:30 Cara's Class (exercise) (CK) 6:00 Card Games (GR)	<i>Sherry Offsite</i> 4 9:00 Coffee and Conversation (MLR) 10:00 Morning Walk - Outdoor (Var) 6:00 Card Games (GR)	9:00 Coffee and Conversation (MLR) 5 10:00 Morning Walk - Outdoor (Var) 2:00 Afternoon Crib (GR) 2:30 Pool/Table Tennis (GR) 6:00 Chess/Checkers (GR)
9:00 Knit and Crochet (MLR) 6 9:00 Coffee and Conversation (MLR) 1:30 Bible Study (CK) 2:00 Colouring and Puzzle Group (CK) 5:45 Bingo (Prizes) (CK)	9:00 Coffee and Conversation (MLR) 7 10:00 Morning Walk - Outdoor (Var) 10:30 Sit and Be Fit (CK) 2:00 Decorating Social (MLR) 6:00 Card Games (GR)	9:00 Coffee and Conversation (MLR) 8 10:00 Chair Yoga with Jada (CK) 10:00 Morning Walk - Outdoor (Var) 2:00 Chrstmas in July (MLR) 6:00 Card Games (GR)	<i>Hair Salon (S2)</i> 9 9:00 Coffee and Conversation (MLR) 10:00 Morning Walk - Outdoor (Var) 10:30 Sit and Be Fit (CK) 2:00 Ice Cream Social (CK) 5:45 Bingo (Pay) (CK) 7:00 Mennonite Choir (MLR)	<i>Massage with Paige</i> 10 9:00 Coffee and Conversation (MLR) 10:00 Morning Walk - Outdoor (Var) 10:30 Cara's Class (exercise) (CK) 2:00 Music - Alterra (MLR) 6:00 Card Games (GR)	9:00 Coffee and Conversation (MLR) 11 10:00 Morning Walk - Outdoor (Var) 10:00 The Moth (YouTube) (MLR) 2:00 Lawn Games (ECY) 6:00 Card Games (GR)	9:00 Coffee and Conversation (MLR) 12 10:00 Morning Walk - Outdoor (Var) 2:00 Afternoon Crib (GR) 2:00 Music Janice Cullen 2:30 Pool/Table Tennis (GR) 6:00 Chess/Checkers (GR)
9:00 Knit and Crochet (MLR) 13 9:00 Coffee and Conversation (MLR) 1:30 Bible Study (CK) 2:00 Colouring and Puzzle Group (CK) 5:45 Bingo (Prizes) (CK)	9:00 Coffee and Conversation (MLR) 14 10:00 Morning Walk - Outdoor (Var) 10:30 Sit and Be Fit (CK) 2:00 Drama Club (GR) 6:00 Card Games (GR)	9:00 Coffee and Conversation (MLR) 15 10:00 Chair Yoga with Jada (CK) 10:00 Morning Walk - Outdoor (Var) 2:00 Happy Hour (MLR) 6:00 Card Games (GR)	<i>Hair Salon (S2)</i> 16 9:00 Coffee and Conversation (MLR) 10:00 Morning Walk - Outdoor (Var) 10:30 Sit and Be Fit (CK) 2:00 Ice Cream Social (CK) 5:45 Bingo (Pay) (CK) 7:00 Music -Noris Dickson (MLR)	9:00 Coffee and Conversation (MLR) 17 10:00 Morning Walk - Outdoor (Var) 10:30 Cara's Class (exercise) (CK) 2:00 Lemonaid Social (ECY) 6:00 Card Games (GR)	<i>Footcare (S2)</i> 18 9:00 Coffee and Conversation (MLR) 10:00 Morning Walk - Outdoor (Var) 10:00 The Moth (YouTube) (MLR) 2:00 Outdoor Social (ECY) 6:00 Card Games (GR)	9:00 Coffee and Conversation (MLR) 19 10:00 Morning Walk - Outdoor (Var) 2:00 Afternoon Crib (GR) 2:30 Pool/Table Tennis (GR) 6:00 Chess/Checkers (GR)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Knit and Crochet (MLR) 20 9:00 Coffee and Conversation (MLR) 1:30 Bible Study (CK) 2:00 Colouring and Puzzle Group (CK) 5:45 Bingo (Prizes) (CK)	9:00 Coffee and Conversation (MLR) 21 10:00 Morning Walk - Outdoor (Var) 10:30 Sit and Be Fit (CK) 2:00 Birthdays with Vic and Carol (MLR) 6:00 Card Games (GR)	9:00 Coffee and Conversation (MLR) 22 10:00 Chair Yoga with Jada (CK) 10:00 Morning Walk - Outdoor (Var) 2:00 Sing a long with Lorraine (MLR) 6:00 Card Games (GR)	<i>Hair Salon (S2)</i> 23 9:00 Coffee and Conversation (MLR) 10:00 Morning Walk - Outdoor (Var) 10:30 Sit and Be Fit (CK) 2:00 Ice Cream Social (CK) 5:45 Bingo (Pay) (CK)	9:00 Coffee and Conversation (MLR) 24 10:00 Morning Walk - Outdoor (Var) 10:30 Cara's Class (exercise) (CK) 2:00 Music - Sally Evans (MLR) 6:00 Card Games (GR)	9:00 Coffee and Conversation (MLR) 25 10:00 Morning Walk - Outdoor (Var) 10:00 The Moth (YouTube) (MLR) 2:00 Music - Out in Left Field (MLR) 6:00 Card Games (GR)	9:00 Coffee and Conversation (MLR) 26 10:00 Morning Walk - Outdoor (Var) 2:00 Afternoon Crib (GR) 2:30 Pool/Table Tennis (GR) 6:00 Chess/Checkers (GR)
9:00 Knit and Crochet (MLR) 27 9:00 Coffee and Conversation (MLR) 1:30 Bible Study (CK) 2:00 Colouring and Puzzle Group (CK) 5:45 Bingo (Prizes) (CK)	9:00 Coffee and Conversation (MLR) 28 10:00 Morning Walk - Outdoor (Var) 10:30 Sit and Be Fit (CK) 1:00 Free Store (CK) 6:00 Card Games (GR)	9:00 Coffee and Conversation (MLR) 29 10:00 Chair Yoga with Jada (CK) 10:00 Morning Walk - Outdoor (Var) 2:00 Music Marv Machura (MLR) 6:00 Card Games (GR)	<i>Hair Salon (S2)</i> 30 9:00 Coffee and Conversation (MLR) 10:00 Morning Walk - Outdoor (Var) 10:30 Sit and Be Fit (CK) 2:00 Ice Cream Social (CK) 5:45 Bingo (Pay) (CK)	9:00 Coffee and Conversation (MLR) 31 10:00 Morning Walk - Outdoor (Var) 10:30 Cara's Class (exercise) (CK) 2:00 Resident Meeting (MLR) 6:00 Card Games (GR)		
Please book all Hair, Foot Care, Hearing, Blood Pressure, and Massage appointments with Recreation.						A: A cold